

INSTRUCTIONS FOR PENILE IMPLANT SURGERY

What is a penile implant?

A penile implant is a surgically implanted device used for erectile dysfunction when medications and other methods are not enough. There are two types of penile implant: the 3-piece inflatable implant and the malleable implant. The inflatable penile prosthesis consists of two attached cylinders -- a reservoir and a pump -- which are placed surgically in the body. The two cylinders are inserted in the penis and connected by tubing to a separate reservoir of saline. A pump is also connected to the system and sits under the loose skin of the scrotal sac, between the testicles. This system is inflated and deflated on demand by the patient and produces a natural looking and rigid erections and is concealable when it is deflated or flaccid. The malleable implant consists of two thick, bendable rods that are surgically placed within the penis. This implant causes a permanent rigid or erect state that is not as easily concealed and is never flaccid.



Three-piece inflatable implant



Malleable implant

Before surgery

1. You will be asked to attend a pre-surgical testing appointment. There they will make sure you have all the appropriate testing done prior to surgery. This may include urine and blood testing.
2. If your surgeon required medical or cardiac clearances, make sure this information has been faxed to the surgical schedulers prior to your surgery date. You need to complete all clearances one week before surgery.
3. If you currently on blood thinners (aspirin, Plavix, Coumadin, etc), you will be asked to stop them 5-7 days before surgery. Please discuss this with the doctor that prescribes this to you.
4. You will need to use Hibiclens wash from the neck down 3 to 4 days prior to surgery. You can buy Hibiclens at your local pharmacy; if you cannot purchase Hibiclens, any antibacterial soap is okay.
5. You will need underwear that provide scrotal support. We recommend a tight spandex underwear, these can be bought at sporting goods stores, Walmart, etc.

After surgery

1. You will most likely spend one night in the hospital. You may have a foley catheter and a drain which will be removed prior to your discharge
2. You will need to limit your activity for the first week after surgery. Lay or recline as much as possible for the first three days, walking is okay. Its ok to resume light activity the second week after surgery.
3. You can shower 48hrs after surgery. Allow soap and warm water to run over your incisions. Do not submerge in a bath for 4wks.
4. You may experience some pain and discomfort, especially in the first two weeks after surgery. Take your pain medication as prescribed and use over the counter anti-inflammatory medications for pain control. You can also use ice packs, 10 minutes on 10 minutes off.

- a. Be aware that some prescription narcotics contain Tylenol. If your prescription contains Tylenol, do NOT take additional doses of Tylenol. NSAIDs are okay (Ibuprofen, Aleve, etc.).
5. Use good scrotal support to keep your penis pointed up towards your belly button and scrotum elevated (tight boxer briefs or spandex underwear) to relieve pain and swelling.
6. Take an over the counter stool softeners and/or laxative (Colace, Miralax, etc.) while you are using pain medication, as they can make you constipated. Take as directed on the bottle. Sitting for long periods of time on the toilet and straining to use the bathroom can extend healing time.
7. Your surgeon will send you home with antibiotics. Take all of your antibiotics as directed until you finish all the pills.
8. Do not drive while taking prescription pain medication. If you do not require narcotic pain medication, you have to wait 48 hours after surgery to drive.
9. No heavy lifting or strenuous activity for 6wks after surgery.

Wound care

1. Keep your dressing as clean and dry as possible, remove it if it becomes soiled.
2. You may remove your dressing and shower after 48 hours, but do NOT submerge yourself in a bathtub, Jacuzzi, ocean or pool for 4 weeks.
 - a. Cleanse the penis and scrotum gentle with soap and water and pat dry, do not rub. Apply a clean dressing afterward.
3. After 3 to 5 days, and with clean hands, you can begin to gently moving your pump around within your scrotum. This is so that it heals in a comfortable position.
4. Do **NOT** inflate or deflate the pump until instructed to do so at your follow-up appointment.
5. Do **NOT** use your new pump for any type of sexual activity until you are cleared.
6. If you have any bleeding, or pus-like discharge from your incision, fevers, chills, uncontrolled pain or swelling, or temperature greater than 100.5, please contact our office.
7. You will return to the office for follow up 2 weeks after surgery and then again at 6 weeks after surgery.

For more information about your upcoming surgery, visit www.vidscrip.com and search for Dr. Aram Loeb

If you have any unanswered questions, please contact the office at [\(440\)887-9139](tel:4408879139)